

July 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>Pizza</i> <i>Fresh fruit</i>	2
3	4 <i>No camp today!</i>	5 <i>Plain pancakes w/syrup</i> <i>Or</i> <i>Blueberry pancakes w/syrup</i> <i>yogurt</i>	6 <i>Macaroni & Cheese</i> <i>Or</i> <i>Pasta with butter</i> <i>Green beans</i>	7 <i>Italian sub (ham, salami,cheese)</i> <i>Or</i> <i>Cheese sub</i> <i>Goldfish crackers</i>	8 <i>Pizza</i> <i>Fresh fruit</i>	9
10	11 <i>Meat, bean, cheese burrito</i> <i>or</i> <i>Bean and cheese burrito</i> <i>Nacho chips</i>	12 <i>Egg & cheese omelet</i> <i>Or</i> <i>Bagel with cream cheese</i> <i>Tater tots</i>	13 <i>Cheese tortellini w/red sauce</i> <i>Or</i> <i>Pasta with butter</i> <i>Apple slices</i>	14 <i>Turkey and cheese wrap w/</i> <i>shredded cheese</i> <i>Or</i> <i>Cheese sub</i> <i>Potato chips</i>	15 <i>Pizza</i> <i>Fresh fruit</i>	16
17	18 <i>chicken fingers</i> <i>Or</i> <i>Bagel with cream cheese</i> <i>fries</i>	19 <i>French toast sticks</i> <i>Or</i> <i>Waffles</i> <i>Banana</i>	20 <i>Rotini pasta w/meat sauce</i> <i>Or</i> <i>Pasta with butter</i> <i>Garlic bread</i>	21 <i>Bologna & Cheese on whole</i> <i>wheat</i> <i>Or</i> <i>Cheese sandwich on whole wheat</i>	22 <i>Pizza</i> <i>Fresh fruit</i>	23
24	25 <i>All beef hot dog</i> <i>Or</i> <i>Bagel with butter</i> <i>Strawberry yogurt</i>	26 <i>Scrambled eggs, sausage, toast</i> <i>Or</i> <i>Bagel with butter</i> <i>Hash brown</i>	27 <i>Pierogies</i> <i>Or</i> <i>Pasta with butter</i> <i>Chocolate pudding</i>	28 <i>Ham & cheese on whole wheat</i> <i>Or</i> <i>Cheese sandwich on whole wheat</i> <i>Goldfish crackers</i>	29 <i>Pizza</i> <i>Fresh fruit</i>	30
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August 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1 Chicken & cheese quesadilla Or Cheese quesadilla</p> <p>Nacho Chips</p>	<p>2. Bagel w/cream cheese Or Bagel w/butter</p> <p>Squeeze yogurt</p>	<p>3 Spaghetti & meatballs Or Pasta with butter</p> <p>Mixed vegetables</p>	<p>4 Grilled cheese Or Cheese sandwich</p> <p>Goldfish crackers</p>	<p>5 Pizza Fresh fruit</p>	
	<p>8 Open face turkey, mashed potato, corn Or Cheese sandwich</p>	<p>9 taylor ham, egg, cheese on hard roll Or Egg, cheese on hard roll</p> <p>Tater tots</p>	<p>10 Cheese lasagna Or Pasta with butter</p> <p>Baby carrots</p>	<p>11 Cheesesteak sub Or Cheese sub</p> <p>Potato chips</p>	<p>12 Pizza Fresh fruit</p>	
	<p>15 Hamburger Or Cheeseburger</p> <p>Macaroni salad</p>	<p>16 Waffles Or Bagel with butter</p> <p>Banana</p>	<p>17 Macaroni & cheese Or Pasta with butter</p> <p>Peas</p>	<p>18 Tuna on whole wheat Or Egg salad on whole wheat</p> <p>Pretzel sticks</p>	<p>19 Pizza Fresh fruit</p>	
	<p>22 oven baked mozzarella sticks w/dipping sauce Or Bagel with butter</p> <p>Waffle fries</p>	<p>23 egg & cheese burrito Or Ham, egg, cheese burrito</p> <p>Hash browns</p>	<p>24 Baked ziti Or Pasta with butter</p> <p>Italian bread w/butter</p>	<p>25 Chicken parm sub Or Cheese sub</p> <p>Apple slices</p>	<p>26 Pizza Fresh fruit</p>	