

2010-11LHFYMCA Indoor Soccer

Rules for Play

The goal of the LHFYMCA Indoor Soccer Leagues is for the participants to learn, develop skills, practice good sportsmanship and to have fun.

of players: 7 on a side in all leagues including the goalkeeper with the exception of the Pre-Teens who will play 6. There needs to be a minimum of 5 players to have a valid game. A team having less than 5 players will have to forfeit that game but will play anyway.

Length of game:

Pee-Wee and Junior

Each week your child will receive 15 minutes of instruction followed by a game of two 12 minute halves (running clock).

Senior and Pre-teen

Approximately two eighteen minute halves (running clock).

Height Restrictions: A ball going above the blue line resulting in an advantage will result in a dead ball, a neutral ball above the blue line will remain in play.

Kick-off: a ball must move forward one turn before being kicked back.

Pee Wees will play the width of the gym (two games at a time). Junior, Senior & Pre-Teen will play the length of the gym (one game at a time).

Goals: Pee Wee Division will use the small PVC soccer goals. Junior, Senior & Pre-Teen will have walls marked with tape and will be approximately seven feet by seven feet. **A ball, which hits ANY PART of the tape, will not be a goal.** Goalkeepers must stay within the boxed lines to use their hands. It is acceptable for the goalie to use his/her feet outside the lines. No punting. Goalies must throw or roll the ball but it may not cross the half court line.

No Elbowing, tripping or pushing off in any division. Please realize though that the refs will be more lenient with the Pee Wee Division.

Indirect Kicks: A ball must go forward and hit one other player from the same team before it can score (a total of two players from the same team)

Substitutions: May be made on the fly at any point during the game. Each team may only sub one player at a time. If a player wishes to enter the game he/she must go to the sub box and wait until the player being called off tags them in.

Coaches: Coaches should stay against the wall and may move up to the half court line. They should keep their players against the wall at all times.

No slide tackling.

Attire: Players should wear sneakers. No cleats.

Frozen Ball: When a keeper has possession of a ball, the attacking team must back down. If a player attacks the keeper a kick will be awarded at the mid-court line

Hats will not be allowed during any game.

Glasses are allowed but not recommended; protective sport eyewear is highly recommended

Boys participating in the LHFYMCA are advised to use protective cups.

Playing time: To the best of their ability, coaches should allow all players the same amount of playing time regardless.