



**FEBRUARY OPEN HOUSE CLASSES FOR KIDS**  
**Featuring Our NEW SPRING 1 CLASSES!**  
**February 18-25, 2012**

**FOR YOUTH DEVELOPMENT®**  
**FOR HEALTHY LIVING**  
**FOR SOCIAL RESPONSIBILITY**

Time	Monday	Room
10:00-11:00	X-Fit Blast (6-13)	CA
1:30-2:15	Sample Platter (4-6) *	PA
4:00-4:45	Edible Art (5-12) *	PR
5:00-5:30	Floor Hockey Games (7-12)	GYM
5:30-6:15	Speed Power Agility (7-12) *	GYM

Time	Tuesday	Room
10:00-11:00	Stability Balls (6-13)	CA
1:00-1:45	Legos (4-6) *	PR
4:00-4:45	Circus Arts (5-12) *	PR
5:00-5:45	Fun with Beads (5-8) *	PR
5:00-5:30	Zumba (7-12)	SC
5:30-6:15	Line Drives A (6-8) *	GYM

Time	Wednesday	Room
10:00-11:00	What's a BOSU? (6-13)	CA
11:15-11:45	Mis Amigos (1-3 w/parent) *	PR
1:30-2:00	Kiddie Bop (3-5) *	FS
4:00-4:45	Sample Platter (4-6) *	PR
4:30-5:00	Yoga (7-12)	FS
5:30-6:15	Line Drives B (9-11) *	GYM

Time	Thursday	Room
11:15-11:45	Once Upon a Story (3-5 w/parent) *	SC
4:00-5:00	Teen Basketball (13-17)	GYM
5:00-5:30	Circuit for Kids (7-12)	GYM
5:30-6:15	Beginner LAX (7-12) *	GYM

Time	Saturday (2/25)	Room
9:30-10:30	Gymnastics Sampler (3-12) *	GYM

**ROOM CODES:** BBY = Babysitting, CA = Kids Cardio Arcade. FS = Fitness Studio, GYM = Gym, PA = Party, PR = Program, SC = Scribner

**(\*) You must pre-register for classes with an (\*).** [\*\*REGISTER NOW\*\*](#)

**To register for multiple programs, search Program Code: OH or use code below for single program**

- BEGINNER LACROSSE (7-12) OHLAX** Basics of stick work, passing and the basic rules of the game!...Your own stick and caged helmet are required.
- CIRCUIT FOR KIDS (7-12)** A fitness workout featuring different equipment.
- CIRCUS ART (5-12) OHCIRCUS** Learn some of the basics of being a clown and performing in a circus.
- EDIBLE ART (5-12) OHEDIBLE** Where playing with your food is encouraged!
- FLOOR HOCKEY GAMES (7-12)** Join us for a supervised pick-up game.
- FUN WITH BEADS (5-8) OHBEADS** Hands on arts and crafts class focusing on fun with beads!
- GYMNASTICS SAMPLER (3-12) OHGYM** Get to know the floors, bars, beams, and vault.
- KIDDIE BOP (3-5) OHBOP** Where the fun never stops! Move and groove to a whole different beat!
- LEGOS (4-6) OHLEGO** Participants will work in groups and individually to build and play games with Legos.
- LINE DRIVES (6-11) OHLINEDRIVE (A OR B)** Class will focus on hand- eye drills, fielding, and hitting,
- MIS AMIGOS (1-3 w/parent) OHAMIGOS** For English-speaking families helps develop intellectual, lingual, and social skills in young ones.
- ONCE UPON A STORY (3-5) OHSTORY** This half hour story time introduces children to pre-reading skills that are essential to being a successful beginner reader.
- SAMPLE PLATTER (4-6) OHSAMPLE** Taste test cooking, sign language, and circus arts!
- SPEED POWER AGILITY (7-12) OHSPA** Better, faster and stronger will be the theme of this class. Bring your A game and see results.
- STABILITY BALLS (6-13)** Use your core muscle, balance, and athleticism to keep up during this fast paced work-out!
- TEEN BASKETBALL (13-17)** This is your chance to run a full court basketball game with a referee. Bring down your friends and get ready to play some hoops!
- X-FIT BLAST (6-13)** Jumps, squats, lifting, and medicine balls are all included in this cutting-edge work out for kids.
- WHAT'S A BOSU? (6-13)** This great fitness tool will help ordinary exercises become more fun, exciting and challenging!
- YOGA (7-12)** Stretch, breathe, and relax your world away!
- ZUMBA (7-12)** Shimmy shake and move to some of today's most popular music.

**ADDITIONAL FUN FAMILY NIGHTS ON SATURDAYS 2/18 & 2/25...5-7pm! Just Drop In!**



## FEBRUARY OPEN HOUSE Open Facility Times – Just Drop In!

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Time	Saturday (2/18)	Room
7:00-8:00	Open Gym	GYM
8:00-1:00	FREE Babysitting (6wks-5years)	BBY
9:00-12:00	Kids Cardio Arcade (6-14)	CA
5:00- 7:00	Recreational Swim	POOL
5:00-8:00	Kids Cardio Arcade (6-14)	CA

Time	Sunday	Room
7:00-8:30	Open Gym	GYM
9:00-11:00	FREE Babysitting (6wks-5years)	BBY
9:30-11:00	Open Gym	GYM
12:00-1:30	Open Gym	GYM
3:45-5:30	Recreational Swim – 2/19/12	POOL
2:30-5:00	Open Gym	GYM

Time	Monday	Room
5:00-9:30	Open Gym	GYM
8:00-12:00	Kids Cardio Arcade (6-14)	CA
8:00-3:00	FREE Babysitting (6wks-5years)	BBY
9:00-12:00	Recreational Swim	POOL
9:15-10:30	Bundles of Fun (3-5)	SC
10:30-2:15	Open Gym	GYM
12:45-2:00	Recreational Swim	POOL
4:00-7:00	FREE Babysitting (6wks-5years)	BBY
4:00-7:30	Open Gym	GYM
4:00-8:30	Kids Cardio Arcade (6-14)	CA

Time	Tuesday	Room
8:00-12:00	Kids Cardio Arcade (6-14)	CA
8:00-1:00	FREE Babysitting (6wks-5years)	BBY
9:15-10:30	Bundles of Fun (3-5)	SC
10:15-11:15	Open Gym	GYM
1:00-2:00	Recreational Swim	POOL
1:30-2:45	Open Gym	GYM
4:00-6:30	Open Gym	GYM
4:00-7:00	FREE Babysitting (6wks-5years)	BBY
4:00-8:30	Kids Cardio Arcade (6-14)	CA

Time	Wednesday	Room
8:00-12:00	Kids Cardio Arcade (6-14)	CA
8:00-3:00	FREE Babysitting (6wks-5years)	BBY
9:00-12:00	Recreational Swim	POOL
9:15-10:30	Bundles of Fun (3-5)	SC
12:15-2:15	Open Gym	GYM
12:45-2:00	Recreational Swim	POOL
2:45-3:30	Open Gym	GYM
4:00-7:00	FREE Babysitting (6wks-5years)	BBY
4:00-8:30	Kids Cardio Arcade (6-14)	CA

Time	Thursday	Room
7:45-9:00	Open Gym	GYM
8:00-12:00	Kids Cardio Arcade (6-14)	CA
8:00-1:00	FREE Babysitting (6wks-5years)	BBY
10:15-10:45	Open Gym	GYM
12:30-2:00	Recreational Swim	POOL
1:30-6:30	Open Gym	GYM
4:00-7:00	FREE Babysitting (6wks-5years)	BBY
4:00-8:30	Kids Cardio Arcade (6-14)	CA

Time	Friday	Room
5:00-9:15	Open Gym	GYM
8:00-12:00	Kids Cardio Arcade (6-14)	CA
8:00-3:00	FREE Babysitting (6wks-5years)	BBY
10:15-11:15	Open Gym	GYM
12:30-2:00	Recreational Swim	POOL
1:30-6:00	Open Gym	GYM
4:00-7:00	FREE Babysitting (6wks-5years)	BBY
4:00-8:30	Kids Cardio Arcade (6-14)	CA
8:30-10:15	Recreational Swim	POOL

Time	Saturday (2/25)	Room
7:00-8:00	Open Gym	GYM
8:00-1:00	FREE Babysitting (6wks-5years)	BBY
9:00-12:00	Kids Cardio Arcade (6-14)	CA
9:00-12:00	Recreational Swim	POOL
6:30-8:45	Open Gym	GYM
5:00- 7:00	Recreational Swim	POOL
5:00-8:00	Kids Cardio Arcade (6-14)	CA

**BUNDLES OF FUN (3-5)** Indoor preschool playground featuring an obstacle course, tumbling, and the ever popular bounce house.

### RECREATIONAL SWIM:

- Children **under the age of 7 and any non-swimmer** must be within arms length of an adult in the water.
- Children ages 7-11 who do not use a bubble (cube) must be supervised by an adult from the water or the balcony.
- No lap swimming.
- No inflatable devices allowed in the water.
- Bubbles available on the pool deck.
- Everyone with hair shoulder length or longer must wear a bathing cap or have hair securely tied up.
- All swimmers must take a shower prior to swimming – this will be strictly enforced by the lifeguards.
- Personal toys (no inflatable devices) are allowed in the pool at the lifeguard's discretion.
- Children wishing to use the deep end of the pool must pass a swim test.
- We ask that children jump in only from between the two cones.
- No kickboards allowed during recreational swim time.
- Children in bubbles or other floating aids are to remain in the shallow end of the pool.